

SHAREABLES **SNACKS FOR SHARING
(AND NOT JUST ON THE ‘GRAM)**

EDAMAME HUMMUS **VG**
edamame, chickpeas, green peas,
fresh herbs, olive oil, grilled pita **10**

GIANT PRETZEL **V**
mustard & dill ranch, beer cheese sauce **9.5**

LETTUCE WRAPS
boston lettuce, radish, pickled red onion,
cilantro, cherry tomato, cucumber,
tahini, spicy harissa **13**
select from:
crispy chicken
falafel **VG**

CRISPY GREEN BEANS **VG**
tempura green beans, spicy vegan mayo,
nori, toasted sesame seeds **11**

CRABLESS CAKES **V**
artichokes, cream cheese,
swiss cheese, grana padano, dill,
preserved lemon yogurt **12**

SHORT RIB SLIDERS
3 steam buns, bbq braised beef,
pickled cucumber, slaw **16**
extra slider 6

3 CHEESE ARTICHOKE DIP **V**
grilled pita, crispy kale **14**

SKILLET CHIP STACK **V**
crispy tortillas, 4 cheese blend,
beer cheese sauce, jalapeños, green onion,
cilantro, salsa, sour cream **15**
add pulled chicken 4

CRISPY CHICKEN BITES
chipotle bbq sauce **15**
add buffalo and blue cheese 1

CALAMARI **R R**
spicy aioli **15**

JUMBO CHICKEN WINGS **R R**
8 pieces **14**
12 pieces **20**
select from:
sweet heat
smoky chipotle bbq
honey lime
medium buffalo

FRESH & LIGHT **FULL FLAVOUR,
LESS GUILT**

SPRING PEA SOUP **V**
green peas, radish, kale, pickled red onion,
preserved lemon yogurt, grilled pita **8**

RAINBOW BOWL **VG**
avocado, spiralized zucchini, squash,
carrot and beet, edamame, crunchy chickpeas,
sunflower seeds, cilantro, radish, red onion,
ginger dressing **13**

ROASTED BEET & RICOTTA **V**
herb-whipped goat ricotta, baby kale,
smoked almonds, sherry vinaigrette,
grilled pita **12**

CLASSIC CAESAR
bacon, romaine, house caesar dressing,
grana padano, salted pretzel croutons **12**

GRILLED SALMON **GF**
baby kale, market greens,
solegiatti tomatoes, preserved lemon
yogurt dressing **19**

CHICKEN COBB **GF R R**
roasted chicken, baby kale, romaine,
avocado, bacon, soft boiled egg,
cheese curds, corn, grana padano,
cucumber, radish, mustard dill ranch **18**

POWER UP
half avocado **6**
grilled chicken **8**
grilled atlantic salmon **11**
grilled flat iron steak **11**

WOOD-FIRED PIZZA **FLAME-COOKED TO CRISP,
MELTY PERFECTION**

MARGHERITA **V R R**
fior di latte mozzarella, tomato sauce,
basil, maldon salt **14.5**

SUPER GREENS **V**
herb and garlic base, artichoke,
zucchini, green olive, roasted tomato,
feta, fresh oregano, arugula **16.5**

THE BEAST
house ground fennel sausage,
sweet pepper, roasted tomato,
red onion, tomato sauce, fior di latte
mozzarella, arugula **16.5**

MAHALO
bacon and spam crumble, pineapple,
red onion, tomato sauce, fresh mozzarella,
bbq aioli **17.5**

PEPPERONI
fresh mozzarella, tomato sauce,
grana padano **17.5**

BUTCHER'S DAUGHTER
pepperoni, house ground fennel sausage,
red onion, tomato sauce, fresh mozzarella,
grana padano **17.5**

FIRED-UP
SPECIALTIES

HOT OFF
THE GRILL

CHOOSE ONE MAIN

MAPLE BABY BACK RIBS **GF**
chipotle bbq sauce
6 bones **19** | 9 bones **27**

8 OZ. FLAT IRON STEAK **GF**
béarnaise sauce **25**

8 OZ. BASEBALL SIRLOIN **GF**
béarnaise sauce **29.5**

BBQ BEEF SHORT RIB
chipotle bbq jus **32**

HERB RUBBED
ATLANTIC SALMON **GF**
preserved lemon yogurt **26**

LOADED ZUCCHINI **V**
pomegranate, feta, herb salad,
preserved lemon yogurt **17**

CHOOSE TWO SIDES

MARKET GREEN SALAD **GF VG**

HOUSE CUT FRIES **VG**

SMASH FRIED POTATOES **VG**

QUINOA FRIED RICE **V**

HEIRLOOM TOMATO SALAD **V**

ADDITIONS

MAC + CHEESE **6 V**

CLASSIC POUTINE **6**

HANDHELDS **A HANDS-ON
EXPERIENCE**

all handhelds come with a choice of
market greens or house cut fries

HERBED FALAFEL SANDWICH **VG**
tomato, cucumber, pickles, radish, cilantro,
tahini, spicy harissa, grilled pita **14**

THREE10 BURGER
two fresh ground canadian AAA beef patties,
pickles, brioche bun, The Rec Room sauce **15.5**
add cheddar, bacon or fried egg 2

SALMON AND AVOCADO
SANDWICH
house spice blend, pickled red onion,
arugula, preserved lemon yogurt,
grilled pita **18**

GRILLED CHICKEN CLUB
schiciatta bread, bacon, lettuce,
tomato, bacon aioli **16.5**

FRIED CHICKEN SANDWICH
hand-breaded chicken, shredded lettuce,
ranch aioli, brioche bun **17**

SPICY CHICKEN SANDWICH
hand-breaded chicken, harissa hot
sauce, shredded lettuce, ranch aioli,
brioche bun **17.5**

AVOCADO MELT **V**
schiciatta bread, parmesan, gouda,
mozzarella, provolone, avocado,
tomatoes, kale pesto, arugula **15**

KNIFE & FORK **HEARTY FAVOURITES
& NEW FLAVOURS**

KALE PESTO NOODLE
BOWL **V**
house made pesto, ramen noodles,
kale, gremolata **16**
add grilled chicken 8
add grilled salmon 11

MAC + CHEESE **V**
mozzarella, provolone, parmesan,
gouda, pretzel crumbs **16**
add bacon 3

ATLANTIC COD FISH + CHIPS
beer-battered cod, slaw, house cut fries,
mustard caper dill sauce
1 piece **17**
2 pieces **23**

ROASTED CHICKEN
market greens, house cut fries,
black pepper gravy
¼ dark meat **17**
¼ white meat **18**
½ chicken **23**

15 LAYER LASAGNA **R R**
beef and pork bolognese, house made
pomodoro, goat ricotta, mozzarella,
arugula side salad **23**

SUMMER VEGETABLE BOWL **V**
edamame hummus, grilled zucchini,
spiced quinoa, tomato salad, pickled red onion,
chickpeas, crispy onions, preserved lemon
yogurt, fresh herbs, grilled pita **16**

SOMETHING SWEET **THERE'S ALWAYS ROOM**

BANANA STICKY
TOFFEE PUDDING **V**
warm salted caramel,
vanilla ice cream **9**

CHOCOLATE CRUNCH **V R R**
dark chocolate custard, cookie crumble,
caramel, pretzel bites **8**

MINI CHOCOLATE CRUNCH **3**

STRAWBERRY
CHEESECAKE SUNDAE **V**
vanilla ice cream, strawberry compote,
lemon pound cake, whipped cheesecake,
toasted graham crumb **9**

*Maximum of one \$5 Game Tag per day. Offer is subject to
change or expiry without notice. Additional restrictions may apply.
Ask server for details.

Applicable taxes extra. Please notify your server of any allergies or
dietary restrictions and we can guide you through our menu. For
groups over 8 or more, please note that 18% gratuities will be auto-
matically applied.

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COCKTAILS

GET IN THE SPIRIT

PEACH DON'T KILL MY VIBE 1.5 oz. tanqueray gin, peach schnapps, tonic, lemonade, lemon wheel 9

LIVIN' MY BEST LIFE 1.5 oz. smirnoff grapefruit vodka, soho lychee liqueur, lemon juice, simple syrup, soda, lemon zest 9

THE REC ROOM MULE 1.5 oz. bulleit rye, ginger beer, lime juice, lime wheel 11

PICKLED CAESAR 1.5 oz. smirnoff vodka, clamato, steak spice, summer sausage, pickled egg 12

RO-SLAY ALL DAY 2.25 oz. tanqueray gin, aperol, white vermouth, angostura bitters, rosemary 10

MAPLE MANHATTAN 2.5 oz. crown royal, sweet vermouth, maple syrup, angostura bitters, cherry 11

COOL RUNNINGS 2.5 oz. captain morgan's spiced rum, campari, aperol, orange zest 11

RASPBERRY LEMONADE 2 oz. smirnoff raspberry vodka, cassis, lemonade, tonic, lemon wheel 12

OLD FASHIONED 2 oz. bulleit bourbon, simple syrup, angostura bitters, orange zest 12

WINE BY THE GLASS

	5oz.	9oz.		5oz.	9oz.
SPARKLING			ROSÉ		
PROSECCO ZONIN, VENETO, ITALY	9		GRENACHE JULIETTE, PROVENCE, FRANCE	10	17
WHITE			RED		
PINOT GRIGIO WINE O'CLOCK, BRITISH COLUMBIA, CANADA	8	14	MERLOT WINE O'CLOCK, BRITISH COLUMBIA, CANADA	8	14
MOSCATO CAVIT, PAVIA, ITALY	9	15	SANGIOVESE GABBIANO CHIANTI, TUSCANY, ITALY	9	15
SAUVIGNON BLANC MATUA, HAWKE'S BAY, NEW ZEALAND	10	17	CABERNET SAUVIGNON SANTA RITA, MAIPO, CHILE	9.5	16
CHARDONNAY KENDALL-JACKSON AVANT, CALIFORNIA, USA	11	19	MALBEC CALLIA, SAN JUAN, ARGENTINA	10	17
			PINOT NOIR MURPHY GOODE, CALIFORNIA, USA	12	20

DRAUGHT BEER

	12oz.	18oz.	60oz.		12oz.	18oz.	60oz.
LAGERS				ALES			
LUCKY BRITISH COLUMBIA the classic canadian brew	5	7	19	GRIZZLY PAW GRUMPY BEAR HONEY WHEAT CANMORE brewed with wild mountain honey	6	8	22
BUDWEISER CANADA beechwood aged, medium bodied	6	8	22	BIG ROCK TRADITIONAL CALGARY english style brown ale	6	8	22
BUD LIGHT CANADA light bodied, crisp finish	6	8	22	GRIZZLY PAW RUTTING ELK CANMORE distinctive scottish amber	6	8	22
KOKANEE BRITISH COLUMBIA smooth, clean and simply-hopped	6	8	22	SHOCK TOP BELGIAN WHITE CANADA adventurous orange, lemon, and lime	6.5	8.5	24
STANLEY PARK NOBLE PILSNER BRITISH COLUMBIA crisp european style lager	6	8	22	MILL STREET WEST COAST IPA ONTARIO bitterness balanced by tropical hops	6.5	8.5	24
KOKANEE GOLD BRITISH COLUMBIA hint of caramel overtones	6	8	22	ALEXANDER KEITH'S IPA NOVA SCOTIA smooth and sweet delivery	6.5	8.5	24
MOOSEHEAD NEW BRUNSWICK finely balanced, 100% canadian	6.5	8.5	24	GOOSE ISLAND IPA ILLINOIS a true hop lover's dream	6.5	8.5	24
MILL STREET ORGANIC ONTARIO a favourite thirst-quencher	6.5	8.5	24	ANALOG READY PALER ONE EDMONTON session ale to get you in the game	6.5	8.5	24
ROLLING ROCK PENNSYLVANIA easy-drinking, american style	6.5	8.5	24	SPECIALTY			
MICHELOB ULTRA MISSOURI king of the light beers	6.5	8.5	24	ALLEY KAT APRIKAT EDMONTON wheat ale with natural apricot extracts	6.5	8.5	24
STELLA ARTOIS BELGIUM sophisticated, exceptional light taste	7	16.9 oz 9	25	WILD ROSE WRASPBERRY CALGARY infused with fresh raspberries	6.5	8.5	24
				ALLEY KAT MAIN SQUEEZE GRAPEFRUIT EDMONTON refreshing yet tart citrus flavour	6.5	8.5	24
				OKANAGAN APPLE CIDER BRITISH COLUMBIA sweet and fruity, crisp finish	6.5	8.5	
				GUINNESS IRELAND iconic creamy irish beer	7	9.5	

BOTTLES & CANS

LAGERS	ALES	CIDERS	SPECIALTY
JASPER CRISP PILS 6 355ML JASPER	BIG ROCK GRASSHOPPER 7.25 330ML CALGARY	OKANAGAN HARVEST PEAR 7 355ML BRITISH COLUMBIA	BUDWEISER PROHIBITION 7 (NON-ALCOHOLIC) 355ML CANADA
LABATT BLUE 6.5 341ML CANADA	VILLAGE BLONDE 7.25 330ML CALGARY	ANGRY ORCHARD 8 355ML NEW YORK	TWISTED TEA 7.5 355ML OHIO
KOKANEE 7 341ML BRITISH COLUMBIA	RIBSTONE CREEK LONE BISON IPA 7.5 355ML EDGERTON		BUD LIGHT RADLER 10 473ML CANADA
BIG ROCK HONEY BROWN 7.25 330ML CALGARY	PHILLIPS BLUE BUCK 8 473ML BRITISH COLUMBIA		
CORONA 7.5 330ML MEXICO	WILD ROSE HIGH HARVEST 8.5 473ML CALGARY		
BUDWEISER 8.5 473ML CANADA			
BUD LIGHT 8.5 473ML CANADA			